

WELLNESS COACHING



Create a healthier and more productive workforce with the Infinity Wellness Partners Wellness Coaching Program. This powerful year-long program combines accountability, education, and motivation to ensure long-lasting positive change!



PROGRAM OVERVIEW

✓ EXPERIENCE

30-Minute Sessions
Monthly or Quarterly
Phone or Video
Personalized Goals
Customized Action Plan
Unparalleled Results

✓ COMPONENTS

Physical Energy
Mental Flexibility
Emotional Resilience
Inspirational Connection



✓ BONUSES

Complete Assessments
Cutting-Edge Resources
Staff Feedback Surveys
Behavior-Change Surveys